

**Abuse/Assault**

Emergency.....	911
Domestic Violence Outreach.....	632-5616
Hestia House (for women).....	634-7570
RCMP (Hampton).....	832-5566
RCMP (St. George).....	755-1130
Rothsay Regional Police.....	847-6300
Saint John Police Force.....	643-3333
Social Development (Government of N.B.).....	1-866-441-4340
Sussex Vale Transition House (for women).....	433-1649

**Addictions**

Alcoholics Anonymous, Saint John.....	650-3114
Gambling Help Line.....	1-800-461-1234
Narcotics Anonymous.....	658-0779/1-888-436-2929
Portage (residential program for youth with drug dependencies).....	1-888-735-9800/839-1200
PASAGE Saint John (Substance Abuse and Gambling Education).....	642-4035
Ridgewood Addiction Services.....	674-4300
Sophia Recovery Centre (non-residential care for women recovering from addictions).....	633-8783

**Clothing/Food/Meals**

West Side	
Guy's Frenchys Family Clothing Outlets.....	635-8944
West Side Food Bank.....	635-1065

**Mental Health**

Canadian Mental Health Association.....	633-1705
Community Mental Health Services.....	658-3737
Crisis (24 Hour).....	1-888-811-3664

**Needle Exchange**

AIDS Saint John.....	652-2437
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**Pregnancy**

First Steps Housing Project.....	693-2228
Fundy Crisis Pregnancy Center.....	634-1867
Public Health.....	658-2454
Public Health (Sussex).....	432-2003
Sussex Pregnancy Care Centre.....	432-4006
VON Healthy Baby & Me:	
Saint John.....	672-9647
Sussex.....	433-6336

**Prostitution**

Are you a female sex trade worker? Need help?

Coverdale Centre.....	634-1649
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**Sexual Health/Birth Control/Condoms**

STI Information Line.....	1-877-784-1010
AIDS Saint John.....	652-2437

Sexual Health Centre/Public Health Office:

Saint John.....	658-3998
Sussex.....	432-2691 or 1-800-784-1010

**Shelters/Housing**

Coverdale (females only).....	672-6285
Housing Alternatives.....	632-9393
One L.I.F.E. (transition housing for youth).....	635-2035
Outflow Mens Shelter (males only).....	609-2346
Safe Harbour	
(youth emergency/transitional housing).....	631-9883
Social Development NB.....	1-866-441-4340

**East Side**

Lakewood Headstart Association (food, clothing).....	696-6164
Saint John East Food Bank.....	633-8298
Value Village.....	696-5301
City Centre/South End	
Community Food Basket of Saint John.....	652-2707
Outflow.....	609-2346
Romero House.....	642-7447
Salvation Army (Hope Cafe).....	632-8391
St. Vincent de Paul.....	657-4015
The Resource Centre for Youth (TRC), food and clothing.....	632-5531

**North End**

Rivercross.....	642-8060
ONE Change.....	635-2035

**Grand Bay-Westfield**

River Valley Food Bank.....	738-2088
Kennebecasis Valley	
Kennebecasis Valley Food Basket.....	847-5854

**Sussex**

Freddy's New Frenchys.....	433-8210
Sussex Sharing Club.....	433-6047

**Help Lines**

CHIMO Suicide Crisis Line (24/7).....	1-800-667-5005
Fredericton Sexual Assault Crisis Centre (24/7).....	

**Support Services**

Coverdale Centre.....	634-1649
Drop-in - The Resource Centre For Youth (TRC).....	632-5531
Fresh Start Services.....	638-1409
John Howard Society.....	657-5547
RiverCross Church Outreach Programs.....	642-8060
Shower, Laundry, etc. - Oasis Room (Youth).....	632-5531
Saint John Community Chaplaincy.....	634-8218

**Other**

Birth Certificate.....	1-888-762-8600
Employment Insurance Inquiries.....	1-800-206-7218
GST Credit (cheques).....	1-800-959-1953
Income Tax Assistance:	
P.U.L.S.E.....	632-6807
Salvation Army.....	634-1633
Volunteer Income Tax.....	1-815-4405
Medicare Card.....	1-888-762-8600
NB Rentalsman.....	1-888-762-8600
Saint John Transit.....	658-4700
Social Insurance Numbers.....	1-800-206-7218

Need information on community services in the Greater Saint John area? Call the Human Development Council's Community Information Centre. We can provide general information on programs and services. We can also give confidential referrals to health, social, government and community services. For detailed information and street addresses for the programs and services in this pamphlet.

Phone: 506-633-4636  
Toll free: 1-877-322-4636  
www.saintjohninfo.ca  
www.211nb.ca

.....	454-0437 (call collect)
Prenancy Resource Centre.....	647-4412
Kids Help Phone.....	1-800-668-6868
Mobile Mental Health Crisis Service.....	1-888-811-3664
Sussex and Area Crisis Pregnancy Centre.....	432-4006
Emergencies (Police / Fire / Ambulance).....	911

**Employment/Life Skills Training**

Coverdale Centre for Women.....	634-1649
GED Information: Saint John.....	658-6701
Sussex.....	433-6109
Job Bank.....	1-888-434-7070
John Howard Society.....	657-5547
NBCC (Continuing Education).....	658-6600
ONE Change (North End).....	635-2035
Options Outreach Employment Inc.....	652-3977
Saint John Learning Exchange.....	648-0202
Anglophone School District	
SJ Education Centre.....	847-6262
Hampton Education Centre.....	832-6143

The Resource Centre For Youth.....	693-8513
Service Canada.....	1-800-926-9105
YMCA.....	693-9622
YWCA.....	609-3112
The Work Room.....	1-855-412-3330

Simonds High.....	643-7422
Agar Place.....	658-5580
KVHS.....	848-6693

**Financial Assistance/Welfare**

Social Development NB.....	1-866-441-4340
Student Loans: NB.....	1-800-667-5626
Canada.....	1-888-815-4514

**Gay/Lesbian/Bisexual/Transgender**

Parents & Friends of Lesbians and Gays (PFLAG).....	648-9227
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**Health Clinics/Hospitals**

Crown Street Medical Clinic.....	635-2273
KV Medical Clinic.....	849-2273
Market Place Wellness Centre.....	674-4335
ONE Change.....	635-2035
Romero House.....	642-7447
Saint John Regional Hospital.....	648-6000
St. Joseph's Hospital, Walk-In/Urgent Care.....	632-5555
Telecare Nurses (24 hours).....	811
West Wellness Centre.....	693-2273

**HIV/AIDS**

AIDS Saint John.....	652-2437
HIV Anonymous Testing.....	643-7404 or 658-3998
Sexual Health Centre.....	658-3998

*Surviving The Streets* is produced by the Saint John Human Development Council (HDC) and The Community Council on Homelessness (CCH)  
Phone: 506-634-1673  
E-mail: info@sjhdc.ca  
www.sjhdc.ca



Human Development Council

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## SURVIVING THE STREETS



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**Where to go when you need help**



Human Development Council